



Divine 24

Soul Guide - Lori Marie

Unlock the flow of
abundance with
these simple energy
shifts

www.Divine24.org

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Welcome, Creator!

First, thank you for choosing to step into this transformative experience. You're here because you desire more abundance in your life—and that desire is *powerful!* Whether it's financial freedom, personal growth, or deeper connections, you are the *youniverse*, and you're clearly ready to shift your reality.

Manifestation is More Than Just Mindset

While mindset is essential, there's an often-overlooked key to unlocking true abundance: *energy*. It starts with recognizing yourself as *The Creator*. The energy you radiate and align with shapes your reality. By embracing this truth and shifting your energy, you open the door to limitless possibilities.

Introducing the 3-Step Method

In this guide, we'll dive into the simple yet powerful 3-Step Energetic Shift to Manifest Abundance. These steps are designed to help you align your energy with your desires and create the flow you've been seeking. Get ready to move from intention to manifestation!

Step 1 – Identify & Clear Resistance

Abundance Is Always Available—But Resistance Blocks It.

The first step to manifesting abundance is understanding that it is *always* available to you. The youiverse is abundant by nature, and you are the creator. However, often, subconscious resistance can block the flow of this abundance. These blocks are usually rooted in past experiences, limiting beliefs, or fears about unworthiness or scarcity.

It's essential to *identify* and *clear* these blocks in order to shift your energy and open the path to abundance.

Quick Exercise: Identify Your Biggest Abundance Fear

Take a moment to reflect on your fears around money or abundance. Pull out a journal or pad of paper. What comes up for you when you think about receiving? Perhaps it's a fear of not having enough, or maybe you feel you don't deserve it. Whatever the fear, write it down here:

My biggest money/abundance fear is:

(Pause to write)

Awareness is the first step in clearing any resistance. Recognizing it gives you the power to release it, allowing abundance to flow more freely into your life.

Step 2 – Align Your Energy Frequency

Shift into an Abundant State

Now that you've identified your resistance, it's time to shift your energy. The universe responds to the frequency you emit, and when you're aligned with abundance, you begin to attract it effortlessly.

A simple yet powerful way to align your energy is through breathwork. This practice will help you release stress and tune into a higher vibrational state of abundance.

Breathwork to Align with Abundance

1. Set your intention and then find a comfortable space where you can sit or lie down and will not be interrupted.
2. Close your eyes, take a deep breath in through your nose for a count of 4, and hold it for 4 seconds.
3. Exhale slowly through your mouth for a count of 6.
4. Repeat this breathing pattern for at least 3 minutes. Focus on how your body feels with each inhale and exhale.
5. Visualize a bright golden light surrounding you with each breath. With every exhale, feel the light growing brighter and stronger, infusing your being with pure abundance and vitality. Your intent is now set!
6. Practice this for 5-10 mins daily with any intent you would like to align your frequency with and you, the creator, will discover you are limitless.

Step 3 – Take Inspired Action & Open to Receiving

Abundance Flows When We Take Aligned Action

Manifesting abundance isn't just about shifting your energy; it's also about taking inspired action. Once you've cleared your resistance and aligned with the abundant frequency, *the universe will start to send you opportunities*. It's important to recognize these opportunities and act on them, no matter how big or small they may seem.

Inspired action is different from ordinary action. It's action that comes from a place of intuition and alignment, rather than from fear or pressure. When you feel inspired to do something, it's a sign that you are in sync with the flow of abundance.

Examples of Inspired Action:

Here are aligned steps toward receiving more abundance:

1. *Investing in Your Personal Growth:*

Take a class or workshop that will help you level up in a specific area of your life—whether it's a business course, a spiritual development class, or something that sparks your creativity. This signals to the universe that you're ready to grow and expand.

2. *Making a Small Financial Investment:*

Even if money feels tight, consider setting aside a small amount to save or invest in something that supports your future—perhaps a high-quality tool or resource you've been eyeing for your personal development or business.

3. *Creating Space for Abundance:*

If you want more money to flow into your life, start by energetically “making room” for it. This could mean organizing your finances, decluttering your home or workspace, or even creating a space

that feels abundant and welcoming (like cleaning your desk, organizing your wallet, or cleaning out your closet).

4. *Sending Gratitude:*

Take a moment to express gratitude for what you already have. Gratitude raises your vibration and opens the flow for more. Write down three things you're grateful for right now and truly feel the emotion of gratitude. When you send out this energy, you invite more blessings into your life.

5. *Reaching Out for Support or Collaboration:*

If you're working on a project or business, take inspired action by reaching out to someone you admire or who could help you move forward—whether it's a mentor, a potential business partner, or a client. Taking this action invites the universe to align you with the right people.

6. *Making an Offer:*

If you have a product, service, or idea you're passionate about, make an offer! This could be a special promotion, a new service you're rolling out, or an invitation to a community event. Taking action signals to the universe that you believe in the value you're offering.

Note: You want to make these conscious inspired actions habits where you are setting your intent and doing things in alignment with that intent.

Money Manifestation Action Step:

Today, choose one inspired action to take that signals you are open to receiving more abundance. This could be any of the examples above or something else that feels aligned with you. By taking this action, you are showing the universe that you are ready to receive—and in doing so, you begin to magnetize abundance into your life.

Call to Action – Ready to Go Deeper?

Your Abundance Shift Has Already Begun!

Congratulations—you've already taken the first powerful steps toward manifesting more abundance in your life! By identifying your resistance, aligning your energy, and taking inspired action, you've set the stage for an abundant future. ***Now, imagine what would happen if you could clear those remaining blocks and dive even deeper into your energy transformation.***

Go Deeper with a 1:1 Energy Session

As you've experienced, energy is the key to unlocking your abundance. In a personalized 1:1 energy session, we can work together to:

- Clear deeper blocks: Uncover hidden subconscious resistance that's still preventing the full flow of abundance.
- Refine your energy frequency: Fine-tune your alignment to the abundant state you desire.
- Create lasting transformation: Use powerful tools and insights to help you stay aligned, inspired, and open to receiving all that the universe has for you.

This work is not just about manifesting more money—it's about shifting your entire energetic blueprint to create lasting abundance in all areas of your life.

Book Your Session Now!

You've already begun this amazing journey, but there's so much more available for you! I'm here to guide you through the next phase, helping you clear the blocks that are standing in your way and accelerating your manifestation process.

[BOOK YOUR SESSION HERE](#)

Your abundance shift is already in motion, and with this session, we'll amplify it to new levels. The universe is waiting for you to step fully into your potential—let's clear those final blocks and make room for everything you've been dreaming of.

If you have any specific information or insight you would like to direct to me personally please feel free to reach out to me via email whtsursgn@gmail.com and share with me how it is I can help.

I look forward to working with you and helping guide your soul to the life you didn't even know could exist!

